

Drug And Alcohol

Alcohol and Drug System of Care
3321 Power Inn Road, Ste 120, Sac 95826
(916) 874-9754
8AM – 5PM
Morning assessments: arrive 8AM
Afternoon assessments: arrive 1PM

Central California Fellowship of Alcoholics
Anonymous
9960 Business Park Dr Suite 110, Rancho
Cordova, 95827
(916) 454-1100
24/7 Hotline
Call for local meeting locations and times

Parental Resources

Arcade Community Center
2300 Edison Ave, Sac 95821
(916) 514-8096
Call for details

Clothing Closet

Faith Legacy Church
3532 Whitney Ave, Sac 95821
(916) 487-5123
Call first

Presentation Parish
4123 Robertson Ave, Sac 95821
(916) 485-3482
Call first

Laundry

God's Helping Hand-Laundry Day
Two free loads of Laundry per family
Lauderland
3100 Fulton Ave, Sac 95821
3rd Saturdays
9 AM – 11 AM

Showers – Call First

Carmichael Presbyterian
5645 Marconi Ave, Carmichael 95608
(916) 486-9081
M/T/Th/Fr – 2PM – 3:30PM
3rd Saturdays 4PM – 5PM

Rent Help – Call First

Our Lady of Assumption
5057 Cottage Way, Carmichael 95608
(916) 481-6352
St. John the Evangelist Parish
5751 Locust Ave, Carmichael 95608
(916) 483-8454
St. Ignatius Loyola Parish
3235 Arden Way, Sac 95825
(916) 482-9666

Utility Help – Call First

Our Lady of Assumption
5057 Cottage Way, Carmichael 95608
(916) 481-6352
St. John the Evangelist Parish
5751 Locust Ave, Carmichael 95608
(916) 483-8454
Presentation Parish
4123 Robertson Ave, Sac 95821
(916) 485-3482

English as a 2nd Language

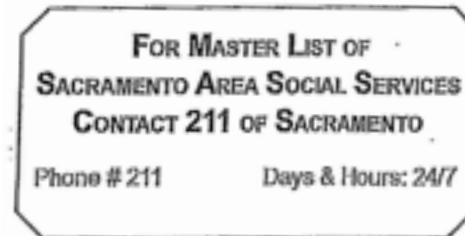
St. Matthews Episcopal
2300 Edison Ave, Sac 95821
(916) 927-0115
Thursdays (Sept. – May)
5:30PM-7PM

Lutheran Church of Our Redeemer
4641 Marconi, Sac 95821
(916) 483-5691
Tues & Thurs 10AM – 12PM

Other Resources

Francis House
1422 C Street, Sac 95814
(916) 443-2646
Mon – Fri 9AM – 4PM
Services: ID cards, counseling,
bus vouchers
Eligibility: Open
Fees: None
Application: Walk-ins

*To revise or update information on this flyer,
please call 483-7848 ext. 131*



Arden-Arcade & Carmichael Faith Communities



Resource Guide

Local Volunteers Reaching Out To Help People In Our Community

Updated : 21 January 2017

Every effort has been made to provide current information, but services offered can change.

Please call providers to confirm services, days and times

Food Closets

Our Lady of Assumption
5057 Cottage Way, Carmichael 95608
(916) 481-5115
Tues & Thurs 9AM – 10:50AM

Presentation Parish
4123 Robertson Ave, Sac 95821
(916) 485-3482
Call for appointment

Sierra Arden Neighborhood Food Closet
890 Morse Ave, Sac 95864
(916) 483-1942
Tues – Fri 10AM – 11:45
Thurs 4 PM -5:45PM
Serves zip codes 95821, 95825, 95864

St. John the Evangelist Parish
5751 Locust Ave, Carmichael 95608
(916) 483-8454
Call for days and times

St. Marks United Methodist
2391 St. Marks Way, Sac 95864
(916) 483-7848
Tues 10AM – 12PM
Saturdays 9:30AM – 11:30AM

Carmichael Presbyterian Food Closet
5645 Marconi Ave, Carmichael 95608
(916) 483-9232
Call for appointment

Arden Church of the Nazarene
3337 Arden Way, Sac 95825
(916) 482-6064
2nd & 4th Fridays 11:30AM – 1PM
Call for appointment

Arden Church
2924 Becerra Way, Sac 95821
(916)972-1617
1st Tuesday 8:30AM – 12PM

Mother Holly's
477 El Camino, N. Sac 95815
(916)504-1377
Open Feb 2017

Sacramento Woodside SDA Church
330 Eastern Ave, Sac 95821
(916)482-6444
1st & 3rd Wednesdays 9AM – 12PM
Free Vegetarian Cooking School
3rd Saturday 6PM (Jan. – Oct.)

Free Meals

St. Ignatius Loyola Parish
3235 Arden Way, Sac 95825
(916)482-9666
4th & 5th Wednesdays 6PM

St. Marks United Methodist
2391 St. Marks Way, Sac 95864
(916) 483-7848
Last Saturday 10AM

Presentation Parish
4123 Robertson Ave, Sac 95821
(916) 485-3482
Saturdays 10:30AM

Carmichael Presbyterian
5645 Marconi Ave, Carmichael 956808
(916) 486-9081
3rd Saturday 4PM

St. Philomene Parish
2428 Bell St, Sac 95825
(916)481-7113
Every Tuesday, call for times

Town & Country Lutheran
4049 Marconi Ave, Sac 95821
(916)481-2542
4th Saturday 4PM

Medical Care

Child Health & Disability Prevention Program
9333 Tech Center Dr, Sac 95825
(916)875-7151
Mon – Fri 8AM -5PM
Services: Health screening & Immunization
Eligibility: Med-Cal eligible, birth to 20
Moderate income, birth to 18
Fees: none
Application: telephone

Sacramento Community Health Center
6950 65th Street, Sac 95823
(916)399-1407
Mon – Fri 9AM – 6PM
Services: Primary Medical & Dental
Eligibility: Any Sacramento County Resident
Fees: sliding scale
Application: telephone or walk in

Sacramento Community Clinic Consortium
776 Darina Ave, Sac 95815
(916)649-0657
Mon – Fri 8:30aM – 4:30PM
Services: referrals to Health Care
Eligibility: Low income & Medi-Cal
Fees: none
Application: telephone

VA (Mather) Medical Center
10535 Hospital Way, Mather 95655
(916)843-7000
Urgent Care 24/7
Services: Primary & Specialties
Eligibility: Veterans & Tri-Care
Fees: services connected – none
Non-Connected on sliding scale
Application: telephone or walk in

Durable Medical Equipment

St. Marks United Methodist
2391 St. Marks Way, Sac 95864
(916) 483-7848
Tues – Fri 9AM – 4PM
Fees: none
Call to confirm equipment availability

Psychiatric Disabilities

CONSUMERS SELF HELP CENTER
Wellness & Recovery Center North
9719 Lincoln Village Dr, Ste 300, Sac 95827
(916)485-4175
Mon-Thur 9AM-5:30PM
Fri 9AM – 5PM, Sat 10AM – 5:30PM
Services: consumer driven programs and
services based on the self help philosophy to
empower individuals with psychiatric
disabilities

