

## Summary of Current HART Programs

April 20, 2021

By John McCormack

*DISCLAIMER – The following information was compiled from internet sites listed below and my attendance as an Arden Arcade HART volunteer at planning meetings. All of the information herein may not be accurate so please provide feedback and corrections. I am not speaking for any of these programs but only for myself, with an interest in expanding and supporting these programs. Please share with others who may be interested in supporting these vital ministries.*

HART OF FOLSOM – <https://hartoffolsom.org/> Overnight shelter from 1/3-3/27/2021 following Covid-19 protocols. Only HART to do overnight shelter during pandemic. Street ministry and some transitional housing.

CARMICHAEL HART <https://carmichaelhart.org/> – Stopped overnight shelter in 2020. Charlotte House (transitional housing) was successful. Carmichael Presbyterian donated an additional house that needs re-modeling. Will use SSHH for case management, with Carmichael navigator. Announced opening of second transitional house for men. Backpack donations for students. Saturday shower program at Carmichael Presbyterian.

MIDTOWN HART <https://www.hartstogether.org/midtown-hart-respite-center> – Begun 2019. Donations of bicycles by two benefactors and bike locks by Sacramento Bike Kitchen <[sacbikekitchen.org](http://sacbikekitchen.org)>. Continued day hosting at Midtown Respite Center – Tuesdays at St. John's Lutheran, 1701 L Street and Fridays at Trinity Episcopal Cathedral, 2620 Capital Avenue), with navigator support.

CITRUS HEIGHTS HART <https://citrusheightshart.org/> - Stopped overnight shelter in 2020. Runs clothing store (“Underground Clothing Collection”) and Student Connection Fair for SJUSD students. New president is Irene Hronicek.

ELK GROVE HART <http://www.elkgrovehart.org/> – Stopped overnight shelter in 2020. Ran WINSIP (Winter Shelter in Place) during pandemic (10/5/2020 – March 2021) with 65 guests served. Navigators do wellness checks. Distributes meals and supplies with Elk Grove Presbyterian assembling meals. Elk Grove United Methodist provides meals on Tues. and Thurs. Received CARES Act funding. Partners with Elk Grove PD for trash pickup program with guests participating receiving \$20 retail gift cards. Partners with Elk Grove Food Bank. Provides some supportive housing.

RANCHO CORDOVA HART <https://www.ranchocordovahart.org/> – Stopped overnight shelter in 2020. Will do transitional housing in future. Donates sleeping bags and cots. Transportation during shelter season. Mentor program. Food and clothing vouchers and bus passes provided.

NORTH SACRAMENTO HART <https://www.hartstogether.org/north-sacramento> – Incorporated 2019. Runs Parking Lot Shelter (PLS) program, modeled on Oakland and LA, with breakfast and dinner. Provides gas and grocery cards, toiletries, hygiene supplies, undergarments and PPE for students in Robla School District. Also, developing plans for a respite center. Not affiliated with City of Sacramento Parking Lot Shelter.

SOUTH SACRAMENTO HART <https://southsachart.org/> – Incorporated 2019. President – Fatema Martinez who is also a new member of the Sacramento Continuum of Care (CoC) and a board member of Sacramento Self Help Housing . They do street donations and are organizing to do youth work, outreach, fundraising, housing support and community education. Also offering a respite center on Saturday mornings at Florin United Methodist Church.

ARDEN ARCADE HART <https://www.hartstogether.org/arden-arcade> – Incorporated 2019. Partnered with Carmichael HART in winter 2019/2020 on rotating winter shelter. Program with 300 + homeless Encina HS students. Works with SSHH and Sacramento County navigators and with street nurses. Coordinates with Mercy Pedalers teams in Arden Arcade. Collects and stores supplies for homeless persons on Monday mornings to be distributed by navigators and Mercy Pedalers. Began providing bagged meals seven days a week with 7 faith-based organizations, to continue indefinitely.

FAIR OAKS – ORANGEVALE HART <https://www.facebook.com/HART.OVFO/> – Organizing into a 501©3 in Spring 2021. 50 interested volunteers attended first meeting. Shoe, backpack giveaway.

WEST SACRAMENTO HART – Organizing 2021.

HART WEBSITE: <https://www.hartstogether.org/> (includes monthly HARTs Together Newsletter)

SACRAMENTO SELF HELP HOUSING – <https://www.sacselfhelp.org/> Assists persons who are homeless or at risk of becoming homeless to find and retain stable and affordable housing. Coordinates and consults with all local HART programs.

MERCY PEDALERS – Founded by Sister Libby Fernandez on her retirement from Loaves and Fishes in 2017, this street ministry offers water, food, coffee, compassion and resource referrals to homeless individuals. It has now expanded to other parts of the metro area, including Arden Arcade, where Mercy Pedaler volunteers partner with Arden Arcade HART to offer homeless support, including daily meal and water distribution via automobile.