



# ARDEN-ARCADE-CARMICHAEL FAITH COMMUNITIES

## Street Sheet

*Local Volunteers Reaching Out to Help People in Our Community*

*Services concentrating on Arden-Arcade and Carmichael*

Updated: June 2022

1. Please call providers to confirm services, days and times as services offered can change due to Covid-19 pandemic.
2. For a Master List of Sacramento Area Social Services dial 211 anytime, any day or visit <https://www.211sacramento.org/211/>
3. To revise or update information on this flyer please email: [jbense@lorsac.org](mailto:jbense@lorsac.org)

A printable copy of this brochure can be downloaded from the Arden Arcade Carmichael Faith Communities website at:

<http://www.aacfc.us/resources>

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# Food

## **All Nations Church of God**

3939 Broadway, Sacramento, CA 95817

916-456-3963

916-925-3240

<http://ancogic.org/>

[contact@ancogic.org](mailto:contact@ancogic.org)

Food Distribution Mondays 9:00 AM

## **Antioch Progressive Church**

7650 Amherst St, Sacramento, CA 95832

916-665-2600

<https://www.antiochprogressivechurch.org/>

[antiochprogressive@gmail.com](mailto:antiochprogressive@gmail.com)

Every Tuesday 11:00AM - 1:30PM

Sign-ups start at 9:00AM. Food distribution starts at 11:00AM

## **Arcade Church (Sac Food Bank)**

3927 Marconi Ave, Sacramento, CA 95821

916-972-1617

<https://www.arcadechurchonline.com/>

[info@arcadechurch.com](mailto:info@arcadechurch.com)

Tuesday 9:00AM -11:00 AM

Corner of Marconi & Becerra

## **Arden Church of the Nazarene**

3337 Arden Way, Sacramento, CA 95825

916-482-6064

<https://www.ardenchurch.org/>

[info@ardenchurch.org](mailto:info@ardenchurch.org)

Sundays after 10:45 service

Food distribution

### **Associated Prison Ministries of California**

2730 Arden Way, Suite 134 Sacramento, CA 95825

916-581-0021

<https://apmoc1.wixsite.com/website>

[apmoc1@juno.com](mailto:apmoc1@juno.com)

Monday, Wednesday, Friday 10:00-1:00

Serves those previously incarcerated

### **Back to the Bible Church**

3251 Norwood, Sacramento, CA 95838

916-925-6730

<https://www.bttbcogic.org/>

[info@bttbcogic.org](mailto:info@bttbcogic.org)

Every Monday 10:00 AM

### **Bethany Slavic Missionary Church**

9800 Jackson Rd, Sacramento, CA 95827

916-369-5505

<https://bethanysmc.org/>

Every Wednesday 6:00PM - 8:00PM

### **Bridge Network**

7851 35th Ave Sacramento, CA 95824

916-244-1406

<https://www.bridge-network.org/>

[info@bridge-network.org](mailto:info@bridge-network.org)

Monday food distribution: 11:00AM - 1:00PM

Lunches for kids Monday through Friday 12:00 PM - 1:00 PM. Call first.

### **CalFresh (Food Stamps)**

MSC 7204, 1616 Capitol Ave, Sacramento, CA 95814

877-847-3663 or 916-874-3100

<https://www.cdss.ca.gov/inforesources/calfresh>

<https://www.getcalfresh.org/>

Government food assistance program where eligible students can get up to \$192/month for groceries.

**California Indian Manpower Consortium**

738 North Market Blvd., Sacramento, CA 95834

916-920-0285

916-564-4053

<http://www.cimcinc.org/>

[info@cimcinc.com](mailto:info@cimcinc.com)

Serves Native Americans. Provides an emergency free food voucher. You need proof of heritage, residency, and income.

**Capital Christian Center**

9470 Micron Ave, Sacramento, CA 95827

916-856-5683 916-884-5756

<https://www.capitalonline.cc/>

Wednesday 6:00PM-7:00PM appointment only (call 916-884-5756) and 4th Sun 11:00AM - 12PM

**Carmichael Adventist Community Services**

4694 Pasadena Ave, Sacramento, CA 95841-4540

916-487-8684

<https://carmsda.org/community-services>

[office@carmsda.org](mailto:office@carmsda.org)

Wednesdays 9 a.m.-12:00 p.m.

Can get food once monthly.

**Carmichael Presbyterian Church (Respite Center Carmichael HART)**

5645 Marconi Ave, Carmichael, CA 95608

Food closet: 916-483-9232 Office: 916-486-9081

<https://www.carmichaelpres.org/>

[office@carmichaelpres.org](mailto:office@carmichaelpres.org)

Monday, Tuesday, Thursday, Friday 1:30PM - 2:00PM

**Cathedral of the Blessed Sacrament**

1019 11th Street, Sacramento, CA

916-444-3071

<https://www.cathedralsacramento.org/>

Tuesday, Wednesday, Thursday, Friday 8-9AM Brown Bag Lunches

**Central Downtown Food Basket**

1701 L Street, Sacramento, CA 95811

916-761-5624

<https://www.cdfb.org/>

[timothy@CDFB.org](mailto:timothy@CDFB.org)

Pop-up distributions only; call for locations

**Christian Fellowship Ministry**

3410 Rio Linda Blvd, Sacramento, CA 95838

916-567-1264

Wednesday at 4:00PM

Call to confirm

**City Church of Sacramento**

3860 4th Avenue Sacramento, CA 958173

916-468-4545

<https://citychurchsac.org/>

[info@citychurchsac.org](mailto:info@citychurchsac.org)

2nd Friday 7:30 Breakfast

4th Thursday 11:00-12:30 Food closet

**Common Ground Covenant Church**

8355 Arroyo Vista Dr, Sacramento, CA 95823

916-689-3010

<https://commongroundcov.org/contact>

[office@commongroundcov.org](mailto:office@commongroundcov.org)

Saturday 9:30AM - 11:00 AM

**Community Against Sexual Harm**

P.O. Box 160022 Sacramento, CA 95816 (Oak Park)

916-856-2900

<https://cashesacramento.org/>

[info@cashesac.org](mailto:info@cashesac.org)

drop-in center

Respite center for victims of commercial or sexual exploitation

### **Daughters of Zion**

6489 47th Street, Sacramento, CA 95823

916-422-3875

<https://www.dozenterpryz.org/>

[info@dozenterpryz.org](mailto:info@dozenterpryz.org)

Wednesday: 9:00AM - 12:00PM Food and clothes Saturday: 11:00AM - 1:00PM

### **Elevation of the Holy Cross**

9000 Jackson Rd, Sacramento, CA 95826

916-364-8068 or 916-857-0806

<https://holycrosssacramento.org/>

[frtimothywinegar@gmail.com](mailto:frtimothywinegar@gmail.com)

Every Tuesday 10:00AM - 11:00AM

### **Encina High School**

1400 Bell St, Sacramento, CA 95825

916-925-3240 or 916-971-7538

<https://www.sanjuan.edu/domain/269>

3rd Thursday 2:00-3:30

### **First United Methodist Church Midtown**

2100 J Street, Sacramento, CA 95816

916-446-5025

<https://firstumcsac.org/>

[admin2100@firstumcsac.org](mailto:admin2100@firstumcsac.org)

4th & 5th Sunday Community Breakfast to go 8 AM; 3rd Tuesday Community Lunch to go 11:30-12:30

### **Gender Health Center**

2020 29th Street Suite 201 Sacramento, CA 95817

916-455-2391

<https://www.genderhealthcenter.org/>

Tuesday, Wednesday, Thursday 9:00-3:00; Friday 12:00-6:00 or 7:00

**Higher Heights Community Church**

2230 Arden Way, Ste H Sacramento, CA 95825

916-723-0440

<https://www.HHCChurch.org>

[info@hhcchurch.org](mailto:info@hhcchurch.org)

Tuesday 5:00-6:15 Dinner

Planning a café; not open yet

**Holy Family Catholic Church**

7817 Old Auburn Rd, Citrus Heights, CA 95610

916-723-2494

<https://holyfamilycitrusheights.org/parish-life/ministries>

To-Go bags available Monday, Wednesday and Friday 10:00

**Joey's Food Locker**

3301 Fong Ranch Rd., Sacramento, CA 95834

530-312-9799

<https://natomasunified.org/joey-s-food-locker>

Friday at 3:00PM - 5:00PM

**Kyles Temple AME Zion Church**

2940 42nd St, Sacramento, CA 95817

916-457-8015

<https://www.kylestempleamez.com/>

To Go bag of food Sunday after service

**Loaves & Fishes (Maryhouse Daytime Shelter)**

1321 North C Street Sacramento, CA 95811

916-446-4961

<https://sacloaves.org/maryhouse>

Monday, Tuesday, Thursday, Friday 8:00-2:00 Wednesday 8:00-12:00

**Loaves and Fishes Services**

1351 North C. St. Sacramento, CA 95811

916-446-0874

<https://sacloaves.org>

Meals provided Monday-Friday from 11:30am-1pm and Saturday and Sunday from 11am-12:30pm.

**Manna Food Bank**

4840 Marysville Blvd. Sacramento, CA 95838

916-922-6442

<https://www.mannasac.com/>

Fridays 9:30AM - 12PM

**Mission Oaks Community Center**

4701 Gibbons Drive Carmichael, CA 95608

916-972-0336 x226

<https://www.morpd.com/>

[dahlberg@morpd.com](mailto:dahlberg@morpd.com)

Drive through with reservation frozen meals Thursday 12:30-2:00

Serves seniors (donation requested but not required)

**Nation's Finest**

7270 East Southgate, Sacramento, CA 95823

916-393-8387

[www.nationsfinest.org](http://www.nationsfinest.org)

[info@nationsfinest.org](mailto:info@nationsfinest.org)

Daily 6:00AM - 7:00AM, 11:30AM- 12:00PM, 5:00PM - 5:30PM

Serves veterans



**New Hope Community Church**

1821 Meadowview Road Sacramento, CA 95832

916-422-3370

<https://www.newhopemeadowview.com/>

[info@newhopemeadowview.com](mailto:info@newhopemeadowview.com)

Thursday: 1:00PM - 4:30PM

**North Highlands Christian Food Ministry**

6007 Watt Avenue, North Highlands, CA 95660

916-331-1510 or 916-955-1010

Mon: 9:00AM-12:00PM Tues: 9:00AM-12:00PM Wed: 9:00AM-12:00PM

Need ID and proof of residence. May be closed during the months of July and August. Serves zip codes 95660, 95842 and 95843.

**Oak Park Community Center City of Sacramento**

3425 Martin Luther King Jr Sacramento, CA 95817

916-808-6151

<http://www.cityofsacramento.org/ParksandRec/Community-Centers/OakParkCenter>

[oakparkreserve@cityofsacramento.org](mailto:oakparkreserve@cityofsacramento.org)

Monday through Friday 11:30 AM-12:30PM

Age 18 and under only - lunch

**Orangevale Food Bank**

6483 Main Ave, Orangevale, CA 95662

916-304-3663

<http://www.orangevalefoodbank.org>

[info@orangevalefoodbank.org](mailto:info@orangevalefoodbank.org)

Mon: 11AM - 1PM Wed: 4:30PM - 6:30PM Thurs: 10 AM - 12:30 PM Fri:

10AM - 12:30 PM. 3rd Saturday 10AM-12:30PM

**Orangevale Seventh Day Adventist Church**

5810 Pecan Ave., Orangevale, CA 95662

916-967-2838

<https://ovsda.org/>

Tuesday 9 AM to 12 PM.

**People's Pantry at the United Methodist Church of Rancho Cordova**

2101 Zinfandel Drive Rancho Cordova, CA 95670

916-635-4242

<https://rcumc.net/>

[umcrc@comcast.net](mailto:umcrc@comcast.net)

3rd Tuesday 10:00 AM - 11:30 AM

**Potters House COGIC**

2994 Del Paso Blvd., Sacramento, CA 95815

916-923-6142

<https://phcogic.com/location-and-times.php>

[phcogic@gmail.com](mailto:phcogic@gmail.com)

Monday & Wednesday 8:00AM - 12:00PM

**Powerhouse Christian Ministries**

2515 Cottage Way Sacramento, CA 95825

916-482-6774

<https://powerhousecm.org/>

[info@powerhousecm.org](mailto:info@powerhousecm.org)

Pop-up distributions only

**Progressive Church of God in Christ**

2251 Meadowview Rd, Sacramento, CA 95832

916-391-8297

<https://progressivecogic.com/>

Monday 12 noon

**Promise Land Ministries**

5540 Martin Luther King Jr. Blvd., Sacramento, CA 95820

916-670-4520

<https://promiselandministriesonline.org/index.php>

Food bags 2nd & 4th Thursdays 4:00PM - 6:00 PM

**Rancho Cordova Community Food Locker**

10497 Coloma Rd Rancho Cordova, CA 95670

916-364-8973

<https://www.ranhocordovafoodlocker.org/>

Monday, Wednesday and Friday, 9:30 a.m. - 1:20 p.m.

Picture I.D., SS or Medical cards may be used.

**River City Food Bank - Midtown**

1800 28th Street Sacramento CA 95816,916-446-2627

<https://rivercityfoodbank.org/>

[email@rivercityfoodbank.org](mailto:email@rivercityfoodbank.org)

Tuesday, Wednesday, Thursday 10:30am-1:30

Offers modified emergency food distributions.

Must have ID, and children's ID must have a birth date. Serves residents of Sacramento County

**River City Food Bank - The Center at St Matthew's**

2300 Edison, Sacramento, CA 95821

916-446-2627

<https://rivercityfoodbank.org/>

[email@rivercityfoodbank.org](mailto:email@rivercityfoodbank.org)

Friday & Saturday: 10:30AM - 1:30PM

**Rose Family Creative Empowerment Center**

5700 Mack Road, Sacramento CA 95823

916-400-4655

<https://www.rfcecenter.com/>

3rd Friday: 10:00AM - 1:00PM

**Sacramento Food Bank & Family Services**

3333 3rd Ave Sacramento, CA 95817

916-456-1980

<https://www.sacramentofoodbank.org/>

[tbryant@sacramentofoodbank.org](mailto:tbryant@sacramentofoodbank.org)

Distributes food for Federal Temporary Emergency Food Assistance Program. Call or check website for distribution locations.

**Sacramento Samoa New Covenant Church**

8115 Elder Creek Road Sacramento CA 95824

916-241-5769

<https://www.saccmc.org/contact>

[jletoapa@gmail.com](mailto:jletoapa@gmail.com)

Thursday, Friday, Saturday 9:00 AM-10:00 AM

**Saint Ignatius Loyola Parish**

3235 Arden Way Sacramento, CA 95825

916-482-9666 ext217-

<https://www.stignatiussac.org/s/>

Box dinners served 6pm-7pm on the last Wednesday of the month.

**Saint John's Lutheran Church Of Sacramento (Pilgrimage and Midtown HART Respite Center)**

1701 L Street, Sacramento, CA 95811

916-444-0874

<https://www.stjohnslc.org/pilgrimage>

<https://www.hartstogether.org/midtown-hart-respite-center>

[contact@stjohnslc.org](mailto:contact@stjohnslc.org)

Food: 1st 3rd & 5th Monday 2:00-4:00 Community dinner to go;

Afternoon Snack Stop 2nd & 4th Monday, Every Wednesday & Thursday

2:00-4:00

**Saint Marks United Methodist**

2391 St. Marks Way, Sacramento, 95864

916-483-7848

<https://stmarksumc.com>

No fee Food Closet Tuesday & Saturday 10-12

**Saint Mathews Episcopal Church**

2300 Edison Ave., Sacramento, CA 95821

916-927-0115 x3

[http://www.stmatthewschurchsacramento.org/the food closet](http://www.stmatthewschurchsacramento.org/the_food_closet)

Friday-Saturday 10:30-1:30

**Saint Paul's Church of God in Christ**

2771 Grove Ave., Sacramento, CA 95815

916-869-1899

<https://www.facebook.com/St-Paul-COGIC-127604250598364/>

Wednesday: 9:00AM - 11:00AM

**Saint Paul's Episcopal (Pilgrimage)**

1430 J Street, Sacramento, CA

916-446-2620

<http://stpaulssacramento.org/>

Saturday 11:00-1:00 Sack lunch

**Saint Vincent De Paul at Our Lady of Assumption**

5057 Cottage Way, Carmichael, CA 95608

916-481-6352

<https://olaparish.net/st-vincent-de-paul-society-ola-conference-parish@olaparish.net>

Tuesday-Thursday 10-noon

**Saint Vincent de Paul Presentation Parish**

4123 Robertson Ave, Sacramento, CA 95821

916-485-3482

<https://presentationparish.org/>

office open 9:00-11:00 Tuesday, Thursday, Friday

Emergency food supply

**Saint Vincent de Paul Saint Anne's**

7724 24th Street, Sacramento, CA 95832

916-422-8380

<https://www.scd.org/parish/st-anne-parish-sacramento>

1st & 3rd Thursday

**Saint Vincent de Paul Saint John the Evangelist**

5751 Locust Avenue, Carmichael, CA 95608

916-483-2161

916-483-8454

<https://sjecarmichael.org/>

[office@sjecarmichael.org](mailto:office@sjecarmichael.org)

Wednesday: 7:00 AM - 10:00 AM

**Saint Vincent de Paul Saint Philomene Church**

2428 Bell St Sacramento, CA 95825

916-481-6757

916-481-7113

<https://stphilomene.com/>

Food Pantry Monday, Tuesday, Wednesday, Thursday 9:00 AM-11:00 AM

**Saint Vincent de Paul Society help line**

P.O. Box 162487 Sacramento, CA 95816

916-572-7553

<https://www.svdp-sacramento.org/>

[svdpsachelp@gmail.com](mailto:svdpsachelp@gmail.com)

call Monday through Friday

**Sierra Arden Food Closet**

890 Morse Avenue, Sacramento, CA 95825

916-483-1942

[https://www.freefood.org/l/sierra\\_arden\\_neighborhood\\_food\\_closet](https://www.freefood.org/l/sierra_arden_neighborhood_food_closet)

[info@sierraardenucc.org](mailto:info@sierraardenucc.org)

Tuesday-Friday, 10-11:45 a.m.

**South Sacramento Christian Center**

7710 Stockton Blvd. Sacramento, CA 95823

916-504-3370 or 916-502-1219

<https://southsacramentochristiancenter.org/>

[info@southsacchristiancenter.org](mailto:info@southsacchristiancenter.org)

Saturday 9:00 AM - 12:00 PM

Serves Sacramento County

**Southgate SDA Church**

2299 Meadowview Rd, Sacramento, CA 95823

916-428-3027 or 916-271-5858

<https://www.southgatesda.org/southgatesdachurch@gmail.com>

Every Wednesday 9:00 AM - 11:00 AM

**Sunrise Christian Food Ministry**

5901 San Juan Ave., Citrus Heights, CA 95610

916-965-5431

<http://www.sunrisechristianfoodministry.org/home.aspx>  
[scfm-office@sunrisechristianfoodministry.org](mailto:scfm-office@sunrisechristianfoodministry.org)

Monday-Friday, 10:30 AM-2:00 PM

Proof of residency and I.D. required. Serves zips 95610, 95621 and 95628.

**The Way of Life Church**

10415 Folsom Blvd, Rancho Cordova, CA 95670

916-588-6989

<https://thewayoflifechurch.org/>

Sunday, Monday, Wednesday 4:00-6:00 PM

**Thy Presence's School of Faith Ministry**

3041 65th St, Sacramento, CA 95820

916-642-8181

<https://g7tpsministry.com/>

Sunday: 1:30 PM - 2:30 PM ; Tuesday: 7:00 PM - 8:00 PM

Friday: 7:00 PM – 8:00 PM

**Union Gospel Mission**

400 Bannon Street, Sacramento, CA 95811

916-447-3268

<https://ugmsac.com/>

[info@ugmsac.com](mailto:info@ugmsac.com)

7 days a week at 7:30 PM Bagged meals; Tuesday and Thursday 1:00PM - 2:00PM Food Boxes)

Food box distribution for families and seniors.

### **Visions Unlimited**

6833 Stockton Blvd Suite 485, Sacramento, CA 95823  
916-394-0800

<https://www.vuinc.org/>

Distributes food 2nd Thursday & Friday 10:00 AM

### **Williams Memorial Church of God in Christ**

4495 Martin Luther King Blvd, Sacramento, CA 95820  
916-455-9201

916-524-2433

<https://www.facebook.com/WMCSAC/>

[info@williamsmemorial.com](mailto:info@williamsmemorial.com)

1st & 3rd Friday 10:30AM - 12:00PM

### **Woodside SDA Church**

3300 Eastern Ave., Sacramento, CA 95821  
916-482-6444

<http://woodsidesda.org/about/>

2nd & 4th Saturday 2:00 PM - 4:00 PM

## **Shelter and Camping**

### **Audre's Emporium of New Tomorrows (part of Waking the Village)**

PO Box 160085, Sacramento, CA 95816  
916-601-2979

<http://www.wakingthevillage.org/home>

[admin@wakingthevillage.org](mailto:admin@wakingthevillage.org)

LGBTQ youth ages 18-21

### **Children's Receiving Home of Sacramento**

3555 Auburn Blvd Sacramento, CA 95821  
916-482-2370

<https://www.crhkids.org/>

Emergency housing for children and teens



**City of Sacramento Safe Camping**

W and 6th Streets, Sacramento, CA 95818

<http://homeless.cityofsacramento.org/WarmingCenters>

[homelesscoordination@cityofsacramento.org](mailto:homelesscoordination@cityofsacramento.org)

Large camping area at W and 6th Streets by the freeway. You can get info from 211 for that program

**City of Sacramento Safe Parking**

South Front Street, Sacramento, CA 95818

<http://homeless.cityofsacramento.org/WarmingCenters>

[homelesscoordination@cityofsacramento.org](mailto:homelesscoordination@cityofsacramento.org)

Safe parking for unhoused people

**Community for Peace**

3841 Fourth Avenue Sacramento, CA 95817

916-728-5613

<https://acomunityforpeace.org/>

[info@acomunityforpeace.org](mailto:info@acomunityforpeace.org)

Emergency Safehouse for victims of domestic violence and human trafficking

**Cottage Housing: Quinn Cottages**

1500 North A Street Sacramento, CA 95811

916-492-9065

<https://cottagehousing.org/communities>

[kniles@cottagehousing.org](mailto:kniles@cottagehousing.org)

Start process by calling 211 about Quinn cottages. Speak to navigator.

**Family Promise**

P.O. Box 1378 Sacramento, CA 95812

916-443-3107

<https://www.familypromisesacramentoca.org/>

[marsha@sacfamilypromise.org](mailto:marsha@sacfamilypromise.org)

Shelter for families (curtailed for pandemic; returning in fall 2021)

### **First Step Communities**

1400 North A Street Bldg. A Sacramento, CA 95811  
916-822-4900

<https://www.firststepcommunities.org/>

[Info@Firststepcommunities.org](mailto:Info@Firststepcommunities.org)

Talk to an intake person at A Street  
Single men and women and youths. Referrals only.

### **My Sister's House**

3053 Freeport Blvd., #120, Sacramento, CA 95818  
916-428-3271

<http://www.my-sisters-house.org/>

[info@my-sisters-house.org](mailto:info@my-sisters-house.org)

Asian and Pacific Islander women affected by domestic violence and sexual assault

### **Open Doors Community Center**

3901 Madison Avenue #65 Sacramento, CA 95660  
916-670-3155

Community Center with food, clothing, break room  
Open Monday – Saturday 8:00 AM to 2:00 PM

### **Sacramento Self-Help Housing Navigator**

916-754-7315

[dconnick@sacselfhelp.org](mailto:dconnick@sacselfhelp.org)

Drop-in Hours for Arden-Arcade:

Tuesday 11:00 AM to 1:00 PM at

Arden Library 2443 Marconi, Sacramento, CA 95821

Drop-in Hours for Carmichael: Wed 11:00 AM to 1:00 PM

Carmichael Park 5750 Grant Avenue Carmichael, CA 95608

### **Safe Ground Sacramento**

C St & 12th St, Sacramento, CA 95814

<https://safegroundsac.org/>

[safegroundsacinfo@gmail.com](mailto:safegroundsacinfo@gmail.com)

Safe camping for unhoused people

**Saint John's Program for Real Change**

2443 Fair Oaks BLVD, #369 Sacramento, CA 95825

916-453-1482

<https://saintjohnsprogram.org/>

[info@saintjohnsprogram.org](mailto:info@saintjohnsprogram.org)

Serves women and their children. Each family enters a 12-18 months program

which leads to employment and self-sufficiency.

**Shelter, Inc.**

River District Area, Sacramento, CA 95814

916-827-7461

<http://www.shelterinc.org/programs/shelter-sacramento.html>

[shelter@shelterinc.org](mailto:shelter@shelterinc.org)

**Tubman House (part of Waking the Village)**

PO Box 160085 Sacramento, CA 95816

916-601-2979

<http://www.wakingthevillage.org/home>

[admin@wakingthevillage.org](mailto:admin@wakingthevillage.org)

Shelter for transition age youth and their children

**Turning Point Community Programs**

10850 Gold Center Drive, Suite 325, Rancho Cordova, CA 95670

916-364-8395

<http://www.tpcp.org>

Serves those in mental health crisis

**Union Gospel Mission**

400 Bannon Street, Sacramento, CA 95811

916-447-3268

<https://ugmsac.com/>

[info@ugmsac.com](mailto:info@ugmsac.com)

Shelter for men. Must call one day ahead and bring ID

**Village Shelter (part of Waking the Village)**

PO Box 160085 Sacramento, CA 95816

916-601-2979

<http://www.wakingthevillage.org/home>

[admin@wakingthevillage.org](mailto:admin@wakingthevillage.org)

Services for pregnant women and those transitioning to parenthood  
(18-24 year olds)

**VOA Family Shelter**

3434 Marconi Avenue Sacramento, CA 95821

916-265-3400

<https://www.voa-ncnn.org/family-shelter>

Register at: <https://vhaservices.saccounty.net/efs>

[info@voa-ncnn.org](mailto:info@voa-ncnn.org)

Families referred by Sacramento County DHA only

**VOA Meadowview Navigation Center**

2700 Meadowview Road, Sacramento, CA 95832

916 917-3202

<https://www.voa-ncnn.org/meadowview>

[info@voa-ncnn.org](mailto:info@voa-ncnn.org)

Shelter for women

**VOA Open Arms Shelter for AIDS patients**

3434 Marconi Avenue Sacramento, CA 95821

916-265-3400

<https://www.voa-ncnn.org/open-arms>

[info@voa-ncnn.org](mailto:info@voa-ncnn.org)

Referrals only

**VOA Sacramento Senior Safe House**

3434 Marconi Avenue Sacramento, CA 95821

916-874-9377

<https://www.voa-ncnn.org/northern-california-emergency-shelter>

[info@voa-ncnn.org](mailto:info@voa-ncnn.org)

### **Waking the Village**

PO Box 160085 Sacramento, CA 95816  
916-601-2979

<http://www.wakingthevillage.org/home>  
[admin@wakingthevillage.org](mailto:admin@wakingthevillage.org)

Serves families & LGBT youth 18-21

### **WEAVE, Inc.**

1900 K Street  
Sacramento, CA 95811  
916-448-2321 Crisis Line 916-920-2952

<https://www.weaveinc.org/>  
[info@weaveinc.org](mailto:info@weaveinc.org)

Serves victims of domestic violence.

### **X Street Navigation Center and Shelter**

Near Broadway and Alhambra  
Sacramento, CA

For information, call Volunteers of America 916-265-3400

<https://www.voa-ncnn.org/northern-california-emergency-shelter>

## **Motel Vouchers**

### **Sacramento County Department of Human Assistance**

2450 Florin Rd, Sacramento, CA 95822  
916-874-3100

<https://ha.saccounty.net/>

Families with children who need homeless assistance and qualify for CalWORKs may receive motel vouchers yearly.

### **2-1-1**

Call 2-1-1 for Homeless Services or go online to

<http://www.211sacramento.org>

Option 8

Monday - Friday 8:00 AM to 5:00 PM

# Mental Health

## **Alta California Regional Center**

2241 Harvard Street, Suite 100, Sacramento, CA 95815

916-978-6400

<http://www.altaregional.org>

[info@altaregional.org](mailto:info@altaregional.org)

Serves people with developmental disabilities

## **Arden-Arcade Community Center**

Mutual Assistance Network (MAN)

2427 Marconi Ave, Ste. 103, Sacramento, CA 95821

916-514-8096

916-514-8696

<https://www.mutualassistance.org/arcade-community-center>

Monday – Friday 9:00 AM – 6:00 PM Closed on holidays and for special events

Anger Management classes

## **County Urgent Care Mental Health Clinic**

2130 Stockton Blvd Bldg. 300 Sacramento, CA 95817

916-520-2460

<http://www.tpcp.org/programs/urgent-care>

[hhs-bhs@saccounty.net](mailto:hhs-bhs@saccounty.net)

Monday - Friday 10:00 AM – 10:00 PM Saturday, Sundays and Holidays  
10:00 AM – 6:00 PM

Walk-in clinic for mental health and substance abuse crisis. Run by

Turning Point on contract for the County. Takes Medi-Cal

## **Gender Health Center**

2020 29th Street Suite 201 Sacramento, CA 95817

916-455-2391

<https://www.genderhealthcenter.org/>

Tuesday, Wednesday, Thursday 9:00 AM – 3:00 PM Friday 12:00 noon –  
6:00PM or 7:00 PM

**Loaves and Fishes Services**

1351 North C. St. Sacramento, CA 95811

916-446-0874

<https://sacloaves.org>

**My Sister's House**

3053 Freeport Blvd., #120, Sacramento, CA 95818

916-428-3271

<http://www.my-sisters-house.org/>

[info@my-sisters-house.org](mailto:info@my-sisters-house.org)

Asian and Pacific Islander women affected by domestic violence and sexual assault

**National Alliance on Mental Illness**

7230 S. Land Park Dr. Suite 111, Sacramento, CA 95831

Helpline 916-890-5467

<https://NAMISacramento.org>

## Alcohol & Drug Counseling

**Associated Prison Ministries of California**

2730 Arden Way suite 134 Sacramento, CA 95825

916-581-0021

<https://apmoc1.wixsite.com/website>

[apmoc1@juno.com](mailto:apmoc1@juno.com)

Monday, Wednesday, and Friday 10:00 AM - 1:00 PM

Serves those previously incarcerated

**BAART Carmichael**

6127 Fair Oaks Blvd. Carmichael, CA 95608

916-974-8090

<http://www.baartprograms.com/baart-carmichael>

### **Central California Fellowship of Alcoholics Anonymous**

9960 Business Park Drive, Suite 110 Sacramento, CA 95827

Office: 916-454-1771

Hotline: 916-454-1100

<https://aasacramento.org/>  
[centraloffice@aasacramento.org](mailto:centraloffice@aasacramento.org)

### **County Urgent Care Mental Health Clinic**

2130 Stockton Blvd Bldg. 300 Sacramento, CA 95817

916-520-2460

<http://www.tpcp.org/programs/urgent-care>  
[hhs-bhs@saccounty.net](mailto:hhs-bhs@saccounty.net)

Monday to Friday 10:00 AM – 10:00 PM Saturday, Sunday and Holidays  
10:00 AM – 6:00 PM

Walk-in clinic for mental health and substance abuse crisis

Run by Turning Point on contract for the County. Takes Medi-Cal

### **Harm Reduction Services**

2800 Stockton Blvd. Sacramento, CA 95817

916-456-4849

<https://hrssac.wordpress.com/contact-us/>  
[hrssacramento@gmail.com](mailto:hrssacramento@gmail.com)

Mostly medical services, but some counseling.

### **Narcotics Anonymous**

Carmichael, CA 95608

(800) 407-7195

<https://www.narcotics.com/na-meetings/california/sacramento/>

### **Sacramento County Department of Health Services Substance Use Prevention and Treatment Services**

3321 Power Inn Road, Suite 120 Sacramento, California 95826

916-875-2050

<https://dhs.saccounty.net/BHS/Pages/SUPT/Substance-Use-Prevention-and-Treatment.aspx>

[DHS-SUPT@saccounty.net](mailto:DHS-SUPT@saccounty.net)

Inpatient and outpatient treatment



### **Saint John's Program for Real Change**

2443 Fair Oaks BLVD, #369 Sacramento, CA 95825

916-453-1482

<https://saintjohnsprogram.org/>

[info@saintjohnsprogram.org](mailto:info@saintjohnsprogram.org)

Serves women and their children. Each family enters a 12-18 months program, which leads to employment and self-sufficiency.

### **Union Gospel Mission**

400 Bannon Street, Sacramento, CA 95811

916-447-3268

<https://ugmsac.com/>

[info@ugmsac.com](mailto:info@ugmsac.com)

### **WellSpace Health North**

4441 Auburn Boulevard, Suite E, Sacramento, CA, 95841

916-313-8434

[http://www.wellspacehealth.org/addictions\\_counseling.htm](http://www.wellspacehealth.org/addictions_counseling.htm)

[info@wellspacehealth.org](mailto:info@wellspacehealth.org)

### **Wind Youth Services**

815 S St. Sacramento, CA 96811

916-504-3313

<https://www.windyouth.org/>

[sutonya@windyouth.org](mailto:sutonya@windyouth.org)

Daytime shelter for youth. 7 days 8:30 AM - 4:30 PM

## **Showers**

### **Carmichael Presbyterian Church (Respite Center with Carmichael HART)**

5645 Marconi Ave, Carmichael, CA 95608

Food closet: 916-483-9232 Office: 916-486-9081

<https://www.carmichaelpres.org/>

[office@carmichaelpres.org](mailto:office@carmichaelpres.org)

Showers Saturdays 10:00 AM – 2:00 PM

### **City Designated Camping**

Between W & X on 6th Street, Sacramento, CA 95818

<http://homeless.cityofsacramento.org/WarmingCenters>

[homelesscoordination@cityofsacramento.org](mailto:homelesscoordination@cityofsacramento.org)

SHOW UP Showers Fridays 10:00 AM – 3:00 PM

### **First United Methodist Church Midtown**

2100 J Street, Sacramento, CA 95816

916-446-5025

<https://firstumcsac.org/>

[admin2100@firstumcsac.org](mailto:admin2100@firstumcsac.org)

Tues 8:00 AM – 12:00 PM 4th & 5th Sunday 8:00 AM - 12:00PM

### **Loaves & Fishes (Maryhouse Daytime Shelter)**

1321 North C Street Sacramento, CA 95811

916-446-4961

<https://sacloaves.org/maryhouse>

Mon, Tues, Thurs, Fri 8:00 AM – 2:00 PM Wed 8:00 AM – 12:00 PM

Serves women and children

### **Loaves and Fishes Services**

1351 North C. St. Sacramento, CA 95811

916-446-0874

<https://sacloaves.org>

### **Pipeworks Gym**

N. 16th & N. B St., Sacramento

Wed 10AM - 4PM

Show up showers (not in the gym)

### **Union Gospel Mission**

400 Bannon Street, Sacramento, CA 95811

916-447-3268

<https://ugmsac.com/>

[info@ugmsac.com](mailto:info@ugmsac.com)

Shelter for men

**Wind Youth Services**

815 S St. Sacramento, CA 96811

916-504-3313

<https://www.windyouth.org/>

[sutonya@windyouth.org](mailto:sutonya@windyouth.org)

Daytime shelter for youth. Curtailed but coming back 7 days 8:30-4:30

## Laundry

**City Church of Sacramento**

3860 4th Avenue, Sacramento, CA 958173

916-468-4545

<https://citychurchsac.org/>

[info@citychurchsac.org](mailto:info@citychurchsac.org)

Partners with Broadway Wash & Dry for laundry services

**El Hogar Community Services Homeless Clinic and Community Lounge**

600 Bercut Drive Sacramento, CA 95811

916-440-1500

<http://www.elhogarinc.org/guest-house-homelessclinic/>

Guest House 9:00 AM – 3:00 PM Monday through Friday

Respite center for the unhoused

**God's Helping Hands Laundry Day**

At Launderland: 3100 Fulton Avenue

3<sup>rd</sup> Saturday of every month 9 – 11 AM

2 loads free laundry wash and dry. Soap provided.

<http://www.aacfc.us>

**Wind Youth Services**

815 S St. Sacramento, CA 96811

916-504-3313

<https://www.windyouth.org/>

[sutonya@windyouth.org](mailto:sutonya@windyouth.org)

Daytime shelter for youth. Curtailed but coming back 7 days 8:30 AM - 4:30 PM

## Jobs

### **California Department of Rehabilitation**

721 Capitol Mall, Sacramento, CA 95814  
916-324-1313

<https://www.dor.ca.gov/>

Job training and independent living services

### **California Indian Manpower Consortium**

738 North Market Blvd., Sacramento, CA 95834  
916-920-0285  
916-564-4053

<http://www.cimcinc.org/>

[info@cimcinc.com](mailto:info@cimcinc.com)

Serves Native Americans. You need proof of heritage, residency, and income.

### **PRIDE Industries North Sacramento**

3608 Madison Avenue, Suite 43 North Highlands, CA, United States,  
95660  
916-334-5415

<http://www.prideindustries.com>

[info@prideindustries.com](mailto:info@prideindustries.com)

Monday through Friday 8:00 AM – 5:00 PM

### **Saint John's Program for Real Change**

2443 Fair Oaks BLVD, #369 Sacramento, CA 95825  
916-453-1482

<https://saintjohnsprogram.org/>

[info@saintjohnsprogram.org](mailto:info@saintjohnsprogram.org)

Serves women and their children. Each family enters a 12-18 months program which leads to employment and self-sufficiency.

**Women's Empowerment Program**

1590 N A St, Sacramento, CA 95811

916-669-2307

[https://womens-empowerment.org/  
support@womens-empowerment.org](https://womens-empowerment.org/support@womens-empowerment.org)

Monday through Friday 8:30 AM - 3:30 PM

Job readiness program for women

## Clothing

**Associated Prison Ministries of California**

2730 Arden Way suite 134 Sacramento, CA 95825

916-581-0021

<https://apmoc1.wixsite.com/website>  
[apmoc1@juno.com](mailto:apmoc1@juno.com)

Monday, Wednesday, Friday 10:00 AM - 1:00 PM

Serves those previously incarcerated

**Community Against Sexual Harm**

P.O. Box 160022 Sacramento, CA 95816

916-856-2900

<https://cashesacramento.org/>  
[info@cashesac.org](mailto:info@cashesac.org)

Drop-in center for victims of commercial or sexual exploitation

**Community for Peace**

3841 Fourth Avenue, Sacramento, CA 95817

916-728-5613

<https://acomunityforpeace.org/>  
[info@acomunityforpeace.org](mailto:info@acomunityforpeace.org)

Emergency Safehouse for victims of domestic violence and human trafficking

**Daughters of Zion**

6489 47th Street, Sacramento, CA 95823

916-422-3875

<https://www.dozenterpryz.org/>

[info@dozenterpryz.org](mailto:info@dozenterpryz.org)

Wednesday: 9:00 AM - 12:00 PM, Saturday 11:00 AM - 1:00 PM

**First Baptist Church of North Sacramento**

2601 Del Paso Blvd Sacramento, CA 95815

916-922-9365

<https://fbnorthsac.org/community-service/>

[NSacFBC@yahoo.com](mailto:NSacFBC@yahoo.com)

Clothes closet Friday 9:30 AM - 12:30 PM

**Helping Hands of Sacramento Hospitality Ministry**

3230 Arena Blvd Suite 245-242 Sacramento, CA 95834

916-348-3200

<https://sachelpinghands.org/about-us/>

**Higher Heights Community Church**

2230 Arden Way, Ste H, Sacramento, CA 95825

916-723-0440

<https://www.HHChurch.org>

[info@hhchurch.org](mailto:info@hhchurch.org)

Thursday 10:00 AM – 12:00 PM Clothes Locker

**Powerhouse Christian Ministries**

2515 Cottage Way Sacramento, CA 95825

916-482-6774

<https://powerhousecm.org/>

[info@powerhousecm.org](mailto:info@powerhousecm.org)

Pop-up distributions only

**Sacramento First Church of the Nazarene (Pilgrimage)**

1820 28th Street, Sacramento, CA 95816

916-452-6171

<http://www.sacfirstnaz.org/>

[info@sacfirstnaz.org](mailto:info@sacfirstnaz.org)

Grandma Ellen's Clothes Closet Thurs 10:00 AM – 1:00 PM

**Sacramento Food Bank & Family Services**

3333 3rd Ave Sacramento, CA 95817

916-456-1980

<https://www.sacramentofoodbank.org/>

[tbryant@sacramentofoodbank.org](mailto:tbryant@sacramentofoodbank.org)

**Wind Youth Services**

815 S St. Sacramento, CA 96811

916-504-3313

<https://www.windyouth.org/>

[sutonya@windyouth.org](mailto:sutonya@windyouth.org)

Daytime shelter. Curtailed but coming back 7 days 8:30-4:30

Serves youth

## Health Care

**Child Health & Disability Prevention Program, CDHCS**

9616 Micron Ave, Suite 670, Sacramento, CA 95827

916-875-7151

<http://www.dhs.saccounty.net/PUB/CHDP/Pages/CHDP-Home.aspx>

[sacdhhs@saccounty.net](mailto:sacdhhs@saccounty.net)

**El Hogar Community Services Senior Link**

3780 Rosin Court, Ste. 110, Sacramento, CA 95834

916-441-0226

<http://www.elhogarinc.org/seniorlink/>

Health Clinic Tuesdays and Wednesdays 9:45 AM - 12:00 PM

Health care for seniors

**First United Methodist Church Midtown**

2100 J Street, Sacramento, CA 95816

916-446-5025

<https://firstumcsac.org/>  
[admin2100@firstumcsac.org](mailto:admin2100@firstumcsac.org)

Tuesdays 8:00 AM – 12:00 PM Vaccine Clinic only

**Harm Reduction Services**

2800 Stockton Blvd. Sacramento, CA 95817

916-456-4849

<https://hrssac.wordpress.com/contact-us/>  
[hrssacramento@gmail.com](mailto:hrssacramento@gmail.com)

Medical services

**North Highlands Community Health Center - WellSpace Health**

6015 Watt Avenue, Suite 2 & 3, North Highlands, CA, 95660

916-737-5555

<https://www.wellspacehealth.org/services/adult-primary-care>  
[info@wellspacehealth.org](mailto:info@wellspacehealth.org)

**One Community Health Arden-Arcade Campus**

1442 Ethan Way Suite 100, Sacramento, CA 95825

916-443-3299

<https://oncommunityhealth.com/>

Medical and dental clinic

**Sacramento County Health Center**

4600 Broadway, Sacramento, CA 95820

916-874-9670

<https://dhs.saccounty.net/PRI/Pages/Health%20Center/Appointment-and-Contact-Information-.aspx>

Call for appointment



**Saint Marks United Methodist**

2391 St. Marks Way, Sacramento, 95864

916-483-7848

<https://stmarksumc.com>

Supplies durable medical equipment Tuesday – Friday, 9:00 AM – 4:00 PM

**Salvation Army Willow Clinic**

N. 16th & N. B St., Sacramento, CA 95811

916-572-4502

<http://www.willowclinic.org/>

[info@willowclinic.org](mailto:info@willowclinic.org)

Telemedicine and phone appointments for refills only

**VA (Mather) Medical Center**

10535 Hospital Way, Mather, CA 95655

916-843-7000

[www.northerncalifornia.va.gov/locations/directions.asp](http://www.northerncalifornia.va.gov/locations/directions.asp)

Medical services for veterans

**VOA Open Arms Shelter for AIDS patients**

3434 Marconi Avenue Sacramento, CA 95821

916-265-3400

<https://www.voa-ncnn.org/open-arms>

[info@voa-ncnn.org](mailto:info@voa-ncnn.org)

Referrals only

## Legal Services

### **Disability Action Advocates**

1860 Howe Avenue, Suite 220 Sacramento, CA 95825  
916-756-4007

<https://www.sacramentosocialsecuritydisability.com/>

Legal advocates for Social Security Disability

### **Legal Services of Northern California**

517 - 12th Street Sacramento, CA 95814  
916-551-2150

<https://lsnc.net/>

Legal advocates

### **My Sister's House**

3053 Freeport Blvd., #120, Sacramento, CA 95818  
916-428-3271

<http://www.my-sisters-house.org/>

[info@my-sisters-house.org](mailto:info@my-sisters-house.org)

Legal clinic for Asian and Pacific Islander women affected by domestic violence and sexual assault

## Parenting

### **Arden-Arcade Community Center**

Mutual Assistance Network (MAN)

2427 Marconi Ave, Ste. 103, Sacramento, CA 95821

916-514-8096

916-514-8696

<https://www.mutualassistance.org/arcade-community-center>

Monday–Friday 9 am–6 pm Closed on holidays and for special events

Parenting classes & diaper distribution

**Sacramento Children's Home Crisis Nursery**

4533 Pasadena Avenue Sacramento, CA 95821

916-679-3600

[https://www.kidshome.org/what-we-do/crisis-nursery-program/  
info@kidshome.org](https://www.kidshome.org/what-we-do/crisis-nursery-program/info@kidshome.org)

Emergency child care facility. Serves homeless parents of newborns through 5 years old

## Dental

**One Community Health Arden-Arcade Campus**

1442 Ethan Way Suite 100, Sacramento, CA 95825

916-443-3299

<https://onecommunityhealth.com/>

Medical and dental clinic