20

Must be referred by Adult Protective Services at 916-874-9377 or call 2-1-1 for referral

**Respite Centers**

**Carmichael HART Respite Center at Carmichael Presbyterian**

5645 Marconi Ave, Carmichael, CA 95608

<https://carmichaelhart.org/programs/auto-draft/>

[scott@carmichaelhart.org](mailto:scott@carmichaelhart.org)

Saturdays 10:00 AM to 2:00 PM

**Open Doors Community Center**

3901 Madison Avenue #65 Sacramento, CA 95660

916-670-3155

Community Center with food, clothing, break room

Open Monday – Friday 8:00 AM to 1:00 PM

**Sacramento 24 Hour Outreach and Engagement Center**

3615 Auburn Blvd.

916-940-7180

Respite Center open 23 hours per day

**Mental Health**

**Hotlines:**

* 24/7 National Suicide and Mental Health Crisis Hotline: Call or text 988 OR 800-273-8255
* Sacramento County 24 hour crisis line: 888-881-4881
* The Source – 24 hours for youth up to age 26 and caregivers
* 916-SUPPORT (787-7678)
* Wellspace Health 24 Hour Suicide Prevention Crisis Line – 916-368-3111 or 1-800-273-TALK (8255)

Mental Health Services Support Lines:

* Sacramento County ACCESS Team – Mental Health 916-875-1055
* County Community Support Team (916) 874-6015 Mon – Fri 8:00 AM – 5:00 PM
* Seniors (aged 60+) – Call Adult Protective Services (916) 874-9377
* Veterans: CalVet – (800) 952-5626

**Alcohol and Drug Counseling**

**Alcoholics Anonymous Central California Fellowship**

9960 Business Park Drive, Suite 110 Sacramento, CA 95827  
Office: 916-454-1771 Hotline: 916-454-1100

4

[svdpsachelp@gmail.com](file:///C:\\Users\\carol\\Desktop\\Unhoused\\Guide%20and%20Resources\\svdpsachelp@gmail.com)  
call Monday through Friday to be connected to a food source close by.

**Sierra Arden Food Closet**   
890 Morse Avenue, Sacramento, CA 95825   
916-483-1942  
<https://www.sierravistacc.org/food-closet>  
Mon, Wed, Thurs, Fri, 10-11:30 AM, Thurs 4 PM - 5:30 PM

**Woodside SDA Church**   
3300 Eastern Ave., Sacramento, CA 95821   
916-482-6444   
[office@woodsidesda.org](mailto:office@woodsidesda.org)

<http://woodsidesda.org/about/>  
2nd & 4th Saturday 2:00 PM - 4:00 PM

Shelter, and Camping and Parking

**Family Promise of Sacramento**  
P.O. Box 1378 Sacramento, CA 95812  
916-443-3107  
<https://www.familypromisesacramentoca.org/>  
[marsha@sacfamilypromise.org](mailto:marsha@sacfamilypromise.org)  
Motel rooms and tiny homes for families. Call above number for intake Mon-Fri 8:00 AM to 2:00 PM

**Sacramento County Safe Parking site by City Net**

Space for 30 cars at Watt Avenue and Winona Way

Call 2-1-1 for access.

**Sacramento Covered**

916-906-5214

Scott Young at [syoung@sacramentocovered.org](mailto:syoung@sacramentocovered.org)

Drop-in Hours for Arden-Arcade:

Tuesday 10:00 AM to 12:00 PM at

Arcade Library 2443 Marconi, Sacramento, CA 95821

Drop-in Hours for Carmichael:

Wednesdays 10 AM – 12 noon

Carmichael Park 5750 Grant Avenue Carmichael, CA 95608

at the picnic tables next to the tennis courts

**VOA Sacramento Senior Safe House**   
3434 Marconi Avenue Sacramento, CA 95821 (mailing address only)  
916-874-9377  
<https://www.voa-ncnn.org/northern-california-emergency-shelter>

[info@voa-ncnn.org](mailto:info@voa-ncnn.org)

3

**Presentation of the Blessed Virgin Mary Parish**  
4123 Robertson Ave, Sacramento, CA 95821   
916-485-3482   
<https://presentationparish.org/>

[office@presentationparish.org](mailto:office@presentationparish.org)

Tuesday and Thursday, 9:00 AM – 11:00 AM  
Distributed on the back side of the office building.

**Saint Ignatius Loyola Parish**   
3235 Arden Way Sacramento, CA 95825  
916-482-9666 ext. 0 Monday - Saturday  
<https://www.stignatiussac.org/s/>  
Box dinners served 6:00 -7:00 PM on the last Wednesday of the month.

**Saint Marks United Methodist**   
2391 St. Marks Way, Sacramento, 95864  
916-483-7848  
<https://stmarksumc.com>  
Food Closet Tuesday & Saturday 10:00 AM-11:00 AM

**Saint Vincent De Paul at Our Lady of Assumption**   
5057 Cottage Way, Carmichael, CA 95608 (Cottage and Walnut)   
916-481-6352   
<https://olaparish.net/st-vincent-de-paul-society-ola-conference>  
[parish@olaparish.net](file:///C:\Users\carol\Desktop\Unhoused\Guide%20and%20Resources\parish@olaparish.net)  
Tuesday and Thursday 10:00 AM - 12:00 noon

**Saint Vincent de Paul Saint John the Evangelist**  
5751 Locust Avenue, Carmichael 95608   
916-483-2161 or 916-483-8454   
<https://sjecarmichael.org/>  
[office@sjecarmichael.org](file:///C:\Users\carol\Desktop\Unhoused\Guide%20and%20Resources\office@sjecarmichael.org)  
Wednesday: 8:00 AM - 10:00 AM

**Saint Philomene Church**   
2428 Bell St., Sacramento, CA 95825   
Church 916-481-6757; Food Closet 916-481-7113

[https://stphilomene.com/](https://stphilomene.com/%20)   
Meals: Tuesday 6:00 – 7:00 PM

Food Closet: Mon - Tue 9:00 AM - noon

**Saint Vincent de Paul Society Help Line**   
P.O. Box 162487 Sacramento, CA 95816  
916-572-7553  
[https://www.svdp-sacramento.org/](https://www.svdp-sacramento.org/%20)

2



Street Sheet/Resource Guide

For a **Master List** of Sacramento Area Social Services or to ask for help, dial 211 anytime, any day or visit <https://www.211sacramento.org/211/>

To update information on this flyer please email [carol@aacfc.us](mailto:carol@aacfc.us)

Food

**Arcade Church \***

3927 Marconi Ave, Sacramento, CA 95821

916-972-1617

https://www.arcadechurchonline.com/

info@arcadechurch.com

2nd and 4th Tuesday of the month 8:30 - 11:00 AM

Corner of Marconi & Becerra

**CalFresh (Food Stamps) \***

2700 Fulton Avenue

1-800-560-0976

<https://www.getcalfresh.org/>

<https://benefitscal.com/>

<https://www.cdss.ca.gov/inforesources/calfresh>

8 AM – 4 PM Monday – Friday

For a list of restaurants that take Cal Fresh, see <https://icaliforniafoodstamps.com/restaurants-that-accept-ebt-in-sacramento-county>

**Carmichael Adventist Community Services** \*  
4694 Pasadena Ave, Sacramento, CA 95841-4540   
916-487-8684 Option 3

<https://carmsda.org/community>

[office@carmsda.org](mailto:office@carmsda.org)  
Wednesdays 9 AM-11:30

**Carmichael Presbyterian Church \***  
5645 Marconi Ave, Carmichael, CA 95608  
Food closet: 916-483-9232   
[https://www.carmichaelpres.org/](https://www.carmichaelpres.org/%20)   
[office@carmichaelpres.org](file:///C:\Users\carol\Desktop\office@carmichaelpres.org)

Food is available for pick up on Thursdays from 6:00-7:15 PM (no advance call required).

Reserved food is available Monday, Tuesday and Thursday:

* call 10:00 AM - 12 noon on those days to reserve food;
* pick up the food 1:30PM - 2:00PM on those days

1

[communications@elicahealth.org](mailto:communications@elicahealth.org)

Open 8:00 AM to 12:00 PM and 1:00 to 5:00 PM, Mon – Fri

**ELICA Health on Wheels Health Centers**

916-454-2345

[www.elicahealth.org/mobile-medicine](http://www.elicahealth.org/mobile-medicine)

[communications@elicahealth.org](mailto:communications@elicahealth.org)

Visit website for dates and locations of Health on Wheels busses.

**One Community Health Arden-Arcade Campus**  
1442 Ethan Way Suite 100, Sacramento, CA 95825   
916-443-3299  
<https://onecommunityhealth.com/>

Medical and dental clinic

**WellSpace Health Arden-Arcade Immediate Care Center**

2433 Marconi Ave, Sacramento, CA 95821

(916) 313-8433

<https://www.wellspacehealth.org/location/arden-arcade-community-health-center>

[info@wellspacehealth.org](mailto:info@wellspacehealth.org)

Immediate Care Sun-Sat 8:00 AM to 8:00 PM

Appointments 8 AM to 4:30 PM

Immediate Care hours 8:00 AM-8:00 PM 7 days a week. Accepts Medi-Cal or self pay

**Outreach Organizations**

**Mercy Pedalers**

2419 L Street #6, Sacramento, CA 95816

(916) 879-5581

<https://mercypedalers.com/>

[LMFernandez@sistersofmercy.org](mailto:LMFernandez@sistersofmercy.org)

**Arden Arcade HART (Homeless Assistance Resource Team)**

2300 Edison Avenue, Sacramento, CA.

[info@ardenarcadeHART.com](mailto:info@ardenarcadeHART.com)

Provides street outreach, food, water, hygiene kits and other resources in Arden Arcade area.

**Carmichael HART (Homeless Assistance Resource Team)**

P.O. Box 1822, Carmichael, CA 95609

[carmichaelHART.org](file:///C:\Users\carol\Desktop\Unhoused\Street%20Sheet%20Update%20and%20Resources\carmichaelHART.org)

Provides street outreach, food, water, hygiene kits, showers and other resources in the Carmichael area.

6

<https://aasacramento.org/>  
[officeassistant@aasacramento.org](mailto:officeassistant@aasacramento.org)

Go to website and click on “Meetings” to find a walk-in meeting.

916-456-4849

**Narcotics Anonymous**   
PO Box 9999, Van Nuys, California USA 91409   
Telephone 818-773-9999  
<https://www.na.org/meetingsearch/>

To find a walk-in group, go to website and search for nearest meeting

**Sacramento County Dept. of Health Services, Division of Behavioral Health – Homeless Encampment and Response Team (HEART)**

916-975-1720

[BHS\_HEARTreferrals@saccounty.gov](mailto:BHS_HEARTreferrals@saccounty.gov)

Showers

**Carmichael HART Respite Center at Carmichael Presbyterian**   
5645 Marconi Ave, Carmichael, CA 95608   
<https://carmichaelhart.org/programs/auto-draft/>  
[scott@carmichaelhart.org](mailto:scott@carmichaelhart.org)

Showers Saturdays 9:00 AM to 1:00 PM

Laundry

**God’s Helping Hands Laundry Day**

At Launderland: 3100 Fulton Avenue

3rd Saturday of every month 9 – 11 AM

2 loads free laundry wash and dry. Soap provided.

<http://www.aacfc.us>

Jobs

**Deseret Industries**

Jobs in canning or thrift store work

3000 Auburn Blvd

For info, Call 916-482-1480

**Clothing**

Many thrift stores will give clothing to those saying they can’t afford it.

Health Care

**Elica Health Centers - Arden Arcade**

2400 Glendale LaneSacramento, CA 95825

916-454-2345

[https://www.elicahealth.org](https://www.elicahealth.org/)

5